

GAMBLERS ANONYMOUS LIFE-LINE YEARLY BULLETIN SUBSCRIPTION FORM
Mail to: GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE 1306 MONTE VISTA AVE., STE 5 UPLAND, CALIFORNIA 91786
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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

BOARD OF REGENTS MEETING MINUTES OF MARCH 16, 2024

Call to order: The Chair, Ara H., called the meeting to order at 9:30 A.M.

** Due to intercom issues today's meeting is not available by phone. **

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the secretary, Valerie D.

Present: Ara H., Bob W., John C. Valerie D., Zach M., Israel A., Office Manager

Present via Zoom: Arnie B., Jo K., Lloyd A., and KC B., International Executive Secretary

Laura M. joined in a few minutes later.

A. Minutes for February 17, 2024.

A motion was made to approve the minutes as written:

MOTION SECONDED AND PASSED FOR -8 AGAINST - 0 ABSTAINED - 0

B. Operating Statement for February 2024.

A motion was made to approve the February 2024 Operating Statement as written.

MOTION SECONDED AND PASSED FOR -9 AGAINST - 0 ABSTAINED - 0

OLD BUSINESS

A. Office Manager Report – Israel A.

- Lifeliners 2. Illinois -1 and New Jersey -1
- New Cans 1. Gretna, LA
- Group Information request forms received prior to sending out starter kits Five

- Starter Kits were sent out as follow after receiving the Group Information Request Forms for the month of February: Indianapolis, IN Greta, LA Redmond, OR Richmond, VA South Portland, ME
- Prison starter kits None
- Venmo and Zelle donations were \$1,428.52: Groups (13) \$797.52, 1X Donations (4) \$117.00, LL Donations (13) \$400.00, I.S.O. Cans Contributions (3) 114.00

B. International Executive Secretary Report – KC B.

- Completed February bulletin.
- Working on March bulletin.
- Working on getting meeting information from Website into Excel spreadsheet.
- Preparing anniversary submission forms for distribution to trustees and Intergroups.
- Fillable form available & also printed several to hand out in Pleasanton.
- Started preparing for Pleasanton:

Attendance sheets updated several times.

Motion sheets printed.

Agenda Items printed.

Literature for agenda items printed and packed.

C. DISCUSS RESTRUCTURING COMMITTEE REPORT.

- Articles of Incorporation to be updated to reflect current Board.
- Outside Persons serving on B.O.R- not favorable.
- Outside Donations- to remain anonymous.
- Election Process-Discussed and will review further.

• Composition of B.O.R.- may limit membership participation.

NEW BUSINESS

A. INVITATION TO BOARD OF TRUSTEES CHAIRMAN.

Motion to have Board of Trustees Chair or a designated chairperson to join our Board of Regents meeting via zoom.

MOTION SECONDED AND PASSED FOR - 8 AGAINST - 1 ABSTAINED - 0

Roll Call Vote:YESNOABSTAINEDAra H.Arnie B.Bob W.Jo K.Jo K.John C.Laura M.Lloyd A.Valerie D.Zach M.Motion Passed

B. DISCUSS WEBSITE UPDATE.

- Status update was presented with a mock preview of the staging process at this time.
- Committee will meet regularly and review the progress.
- Many thanks to Jason for being a huge part of this process and for keeping the committee updated.

C. DISCUSS QUOTES FOR LIABILITY INSURANCE FOR SPRING B.O.T. Meeting.

Motion to purchase liability insurance as written.

MOTION SECONDED AND PASSED FOR -9 AGAINST - 0 ABSTAINED - 0

D. DISCUSS Valuable Antique Spanish AA book found in ISO archive that mentions GA from the 1950's.

Motion to allow a member to sell and donate funds to G.A.

MOTION SECONDED AND PASSED FOR -6 AGAINST - 3 ABSTAINED - 0

Roll Call Vote:		
<u>YES</u>	<u>NO</u>	ABSTAINED
Arnie B.	Ara H.	
Bob W.	Jo K.	
John C.	Valerie D.	
Laura M.		
Lloyd A.		
Zach M.		
Motion Passed		

Number of people who called in to listen to the meeting: 0

Collected: \$50.00

The meeting ended with the Serenity Prayer at 11:03 A.M.

Next meeting will be April 20, 2024.

Respectfully submitted by Valerie D., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: "We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living."

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at <u>brucelaw8@mac.com</u>. He will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It's called "Gamblers Anonymous Group Study Book on the Unity Steps." Each month of 2024, I'll discuss the Unity Program and the corresponding step with each month. When I first came to Gamblers Anonymous in July of 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It's all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I'd like to think it's the same way for all of us, however, I can only speak of my experience.

It taught me that while I needed to focus on MY recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

I knew that whether I relapsed or not, the Group would still be there when I came back. So, when I'd see a person had relapsed, I'd welcome them back to the Group and continue forward.

Step 4 – Each Group should be self-governing except in matters affecting other groups or Gamblers Anonymous as a whole.

Each Gamblers Anonymous group has great latitude to conduct its affairs within the framework of the Fellowship. This preserves the freedom of choice that is so important to the group conscience. The conduct of each group is limited only to the extent that its actions would conflict with the Guidance Code of Gamblers Anonymous.

What type of meeting, how long the meeting lasts, break or no break, etc. affects no one but those at that meeting. However, breaking of anonymity is something that affects others and is not a group choice.

- a. Define/discuss the following words or phrases: self-governing, "each group should be self-governing except in matters affecting other groups or Gamblers Anonymous as a whole."
- b. How do I respect the self-governing of my group, even if it isn't what I like or want?
- c. Discuss: how is using non-approved Gamblers Anonymous literature at a meeting harmful to Gamblers Anonymous as a whole?
- d. What role(s) do Unity Step 4 play in service work in my group or in Gamblers Anonymous as a whole?
- e. How does reading the Combo Book, "A Day at a Time" or other literature at every meeting support Gamblers Anonymous?

- f. As a member of Gamblers Anonymous, what actions might I take if I believe that the Unity Steps are not being followed?
- g. Now that I am secretary, I'm making changes to this meeting. Elaborate on the relation to Unity Step 4.
- h. Discuss why is it important to have a group?
- i. What are the guidelines that each group must follow to be called a Gamblers Anonymous meeting?
- j. How do you go about starting a new meeting? Who governs the format of the meeting?
- k. There are several principles that may apply to this step. Elaborate on how each of the following applies to Unity Step 4: independence, responsibility, autonomy, anonymity, unity.

From the desk of your International Executive Secretary.

As we complete the April bulletin, I would like to thank all the members, groups, intergroups, and RSOs who consistently contribute to your International Service Office to enable us to keep the doors open and help the compulsive gambler who still suffers. We could not do this without you. If you aren't already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world.

There was a printing error last month that ended up putting the wrong Operating Statement into the bulletin. This month, you'll notice that both February and March Operating Statements are here for viewing.

If your area is having a mini conference of any kind, you can send the flier or the information to the ISO or myself and we'll get it into the bulletin into the Announcements section.

It's election time for our Trustees! Just as we did last year, here's what you need to know. Earlier this year, the Board of Trustees Chair sent out an email with the allocations of trustees for each of our areas. Once each area sends me the names of our Trustees for the next two years, I will update our listing and get it out to each Trustee at the beginning of July when the new term begins. Please give the names and information to me as soon as you can. The new AND returning trustees need to register on the trustee website to submit the information.

With that said, for those who would like to look up the Guidance Code for this, you'll find it under Gamblers Anonymous Guidance Code, Article XVIII – Election of Trustees. Also listed here are the responsibilities of a member of the Board of Trustees.

Thank you for being on this journey of recovery and self-discovery with me. I could not do it without all of you.

Yours in recovery and gratitude, KC B.

RESPONSIBILITIES FOR INTERNATIONAL TRUSTEES OF GAMBLERS ANONYMOUS

The following is the listing of responsibilities for International Trustees, as per the green Information Packet booklet that is listed as literature item #28 on the GA approved literature form.

- 1) Attend all physical Board of Trustees meetings and answer all mail and quick response board meetings.
- 2) Be a living example of the precepts of Gamblers Anonymous and personally work the Steps of Recovery and Unity.
- 3) Uphold the Guidance Code, and all decisions made by the Board of Trustees (not fulfilling this affects G.A. as a whole).
- 4) Attend as many of the various group meetings within your area as possible. Where physical attendance is not possible, keep in regular communication through the mail and/or telephone.
- 5) Be available to all members and groups in your Trustee area for advice and guidance. Work with the trusted servants to correct the issues that do not conform with the Guidance Code and all decisions of the Board of Trustees (not fulfilling this affects G.A. as a whole).
- 6) Attend Gamblers Anonymous functions such as open meetings, miniconferences, dinner dances, picnics, etc.
- 7) Offer assistance to any group that has a problem.
- 8) Serve actively on committees on the Board of Trustees.
- 9) Be a Lifeliner and encourage groups and membership to support the International Service Office through Lifelines and Group Contributions.

- 10) Regularly attend Gamblers Anonymous meetings, at least thirty-nine Gamblers Anonymous meetings a year.
- 11) Make area groups aware of and encourage use of tools of Gamblers Anonymous such as Pressure Group Pamphlets, Group Handbook, Sponsorship Pamphlets, Big Book, Public Relations Material, Ninety Day Plateau, New Member Letter, etc.
- 12) Attend Regional or Intergroup meetings if they exist in your area.
- 13) Actively participate in communicating with the Board of Trustees, individual members, group, Intergroup, to obtain agenda items for the Board of Trustees.
- 14) A Trustee should offer assistance to any members starting a new G.A. group.
- 15) A Trustee should regularly write his/her area happenings and any other thoughts to the bulletin.

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- 16) Uphold the Board of Trustees responsibilities to the Literature Committee and its approved guidelines by:
 - a) being completely familiar, prior to the B.O.T. meetings, with the content of all literature submitted to the B.O.T. for approval;
 - b) making suggestions to the Literature Committee for improvement of said literature, if approved by B.O.T., within 30 days subsequent to the B.O.T. meetings. (Note: Literature proposals from a committee, once passed, once passed, are excluded from B.O.T. suggestions.)
- 17) Bring all upcoming agenda items to the attention of all groups in your area prior to all B.O.T. meetings for input that will guide all the trustees from your area at all B.O.T. meetings.

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

- 1. To create an Amazon account, log on to Amazon.com and follow instructions.
- 2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
- 3. Log on to Amazon.com
 - A) Scroll down and tap or left click on <u>Barnes & Noble</u>. In the column to the right, tap or left click on <u>Kindle Books</u>. In the search box enter <u>Combo Book</u>.
 - B) Scroll down to locate the book and tap or left click on Combo Book.
 - C) Tap or left click on <u>Purchase</u>. The book will automatically download to your device in the Kindle App.
 - D) Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.

- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear Brothers & Sisters,

March 15, 2024, reflects sadness for all of us as Harvey G., previously of Lyons, NJ, and Boca Raton, FL passed away. He was one of the most wonderful, kindest, caring, and charitable people that I have ever known – both inside and outside the program.

Harvey's courageous fight with Parkinson's was monumental as he never gave up. His honesty, humility, and his service were evident. Harvey's avid use of the telephone daily, always calling the new members was so giving. He sometimes made 15 - 20 calls a day. What a positive example to follow.

Thankfully, his suffering is over, may he rest in peace and his memory be etched in the stone of recovery for all to remember. May his wife Norma have sweet memories.

Sincerely, Bill B., Delray Beach, Florida

Dear I.S.O.,

Enclosed, please find a 7th tradition donation to Gamblers Anonymous from G.A. Winnipeg Intergroup.

Thank you, Deb B., Winnipeg, Manitoba

Dear I.S.O.,

Thank you for the assistance given to Gamblers Anonymous. Enclosed is a donation from the Tulsa, OK Saturday morning group.

Sincerely, Arlene E., Tulsa, Oklahoma

Dear Israel,

Thank you for everything you and the I.S.O. do for Gamblers Anonymous. Keep up the great work.

Thanks, Frank M., Daytona Beach, FL

Dear I.S.O.,

Enclosed is a donation from Monday Night Bowmansville meeting.

Keep up the great work.

Thanks, Bill K., Bowmansville, New York

Dear I.S.O.,

Enclosed is the March donation from Sunday Chester, PA group.

Thanks for all the good work you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed is the March donation from Wednesday night NE Philadelphia group.

Thanks for all the good work you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear Israel,

Enclosed, please find a donation from the French Quebec Regional Service Office.

Thank you for all you do for the fellowship.

Sincerely, Andre G., Sainte-Julie, Quebec

Dear I.S.O.,

Thank you for your support.

Sincerely, Helene M., Stevens Point, Wisconsin

Dear I.S.O.,

Thank you for all you do.

John R., Braintree, Massachusetts

Dear I.S.O.,

We are grateful for all that the Gamblers Anonymous International Service Office does for all of us in recovery. Here is a donation from Olympia, WA Wednesday group.

Brotherly Love, William B., Olympia, Washington

Dear I.S.O.,

Enclosed is a donation from a few groups here in British Columbia, Canada. Wednesday White Rock; Tuesday and Sunday Nanaimo; Friday Richmond, and Monday Surrey Noon Step.

Yours in Recovery, Esther J., Vancouver, British Columbia

ANNOUNCEMENT OF UPCOMING EVENTS

23rd Summerfest Retreat 2024 June 13 – 16, 2024 St. Benedict's Lodge, McKenzie Bridge, Oregon For more information, email me at <u>ies@gamblersanonymous.org</u> and I'll get you in contact with one of the coordinators.

GA/Gam-Anon 43rd Australian National Conference It Starts with Me August 23 – 25, 2024 Sydney, New South Wales, Australia For more information, email ganswconference@gmail.com or you can email me

at <u>ies@gamblersanonymous.org</u> and I will email you a registration form.

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF MARCH 2024

ARIZONA		L6	Bill/ Kathy S.
L36	Marc L.	L8	Dan B.
L211	Jim L.	L18	Chris G.
L221	Janat G.	L19	Wendy B.
L287	James S.	L21	Ed E.
L396	Pam K.	L31	Russell H.
L546	Mo M.	L73	Karen H.
L1005	Patricia B.	L87	Mike S.
L1008	Roxanne W. X2	L88	Valerie D.
CALIFORNIA		L100	Mazi S.
L1	Bob W.	L116	Rob D.
L4	Tom M. X2	L117	Steve F.

CALIFORNIA (c	ont)	L205	Steve P.
L120	Phil C.	L225	Kevin K.
L158	Gagik G.	L233	Robert M.
L209	Jose C.	L255 L251	Frank G.
L273	Victor S. X2	L313	Herman G.
L298	Cathy F.	L313 L351	Russell H.
L301	Steve K.	L429	Dennis S.
L314	Alan S.	L427 L483	Victor C.
L390	Jack R.	L405 L511	Chris N.
L390 L419	Rufus B.	L607	Debbie M.
	Patrick P.	L627	Pauline F. X2
L432 L476	Garret C.	L695	Ronald B.
			Linda S.
L480	Ezra B.	L815	Linda S. Janice M.
L496	Guy H.	L840	bannee min
L544	Harold A.	L843	Neal V.
L561	Pilar L.	L904	Marlon D.
L563	Zachary M.	L944	Brent S.
L580	Curtis G.	L945	Eugene K.
L593	Grant M.	L956	Thomas C.
L609	Kathie S.	L979	Rebecca P.
L617	Mike Z.	L989	Lois H.
L623	Lucille T.	L993	Carlos M.
L636	Bob C.	L1002	Jim O.
L648	Ed K.	L1016	Paul B.
L678	Lynell B.	GEORGIA	
L701	David L.	L672	Tony L.
L716	James B.	HAWAII	
L772	Ara H.	L553	David C.
L834	Candice B.	ILLINOIS	
L836	Albert Y.	L114	Ellen Z.
L871	Greg D.	L344	Eileen Z.
L907	Joseph G.	L823	Luke W.
L920	Jane J.	L960	Dianna R.
L965	Brandon S.	L977	Donna M.
L968	Ralph G.	L1018	Al A.
L1000	Willie F.	INDIANA	
L1001	Ray J.	L880	Fred B.
L1003	Sean N.	KENTUCKY	
L1020	Bill W.	L115	Laura S.
COLORADO		L195	Steve B.
L147	Lou W.	LOUISIANA	
CONNECTICUT		L27	Betty S.
L581	Paul S.	L354	Kathy S.
FLORIDA		MARYLAND	,
L2	Bill B.	L162	Jim D.
L97	Chuck R.	L997	Tijuana M-T.
L143	Neal G.	MASSACHUSET	
L149 L160	Jim C.	L318	Jeffrey H.
L175	Lloyd A.	L598	Vinny S.
1115	Lioyan.	L370	vinny 5.

MASSACHUSE	FTS (cont)	L852	Norberto B.
L998	Jonathan R.	L832 L882	Joe B.
MICHIGAN	Jonathan K.	L882 L887	Pierre C. X2
L272	Joann D.	L913	Bud W.
MINNESOTA	Joann D.	L913 L951	Brad B.
L803	Renee G.	NORTH CARO	
NEVADA	Kellee ().	L493	Gary G.
L75	K.C. B. X2	L493 L494	Mary D.
L73 L317	Pat M.	L494 L495	Tina V.
L317 L325	Terry D.	L493 L498	Suzanne R.
L323 L410	Joanne F.	L498 L499	Mike S.
L410 L486	Zeny K.	L499 L500	Sammy D.
L480 L596	Leslie F.	L503	Marc A.
L590 L599	Igor K.	L503 L504	Vivian W.
L399 L612	Dan M.	L504 L506	Chuck T.
L612 L669	Terri R.	L500 L510	Eric S.
			John B.
L830	Jackie C.	L513	
L846	Bobby B.	L514	Silvia G. Donna M.
L974	Mark G.	L515	Donna M.
L975	Larry S. X2 Rex W.	OHIO	Edward C
L982	Kex W.	L948	Edward G.
NEW JERSEY	Mike D.	L986	Anthony K.
L174	Robin D.	OKLAHOMA	James G.
L183	Marshall R.	L543	James G.
L212		OREGON	Crust D
L223	Fred D.	L584	Curt P.
L266	Kivey G	L881	Pam B.
L311	Andrew D.	L912	David U. X2
L349	George L.	PENNSYLVANI	
L433	Joseph F.	L40	Dan M.
L438	Matthew C.	L71	Marla J.
L497	Dave S.	L345	John B.
L589	Ronald W. X2	L533	Debbie D.
L699	Craig H.	L820	Josh S.
L718	Phil S.	PUERTO RICO	
L863	Kathleen P.	L192	Dora H.
L961	Tom C.	SOUTH CAROL	Michael A.
L985	Tristan D.	L981	
L1019	James G.	SOUTH DAKO	Dale A. X3
NEW MEXICO	L1 1/	L641	
L662	Joel K.	WASHINGTON	
L847	Catherine B.	L429	Terry D.
L906	Mary F.	L659	Connie M.
NEW YORK	MahammadM	WISCONSIN	Constance T
L465	Mohammed M.	L443	Constance T.
L622	Andrew C.	L988	Jeffrey R.
L756	Bruce W.	ALBERTA	Sterre I
L845	Dianne D.	L984	Steve L.

INDIVIDUAL LIFELINER DONATIONS MARCH 2024

ARIZONA (8)	170.00	NEW JERSEY (17)	585.00
CALIFORNIA (53)	3,544.00	NEW MEXICO (3)	60.00
COLORADO (1)	25.00	NEW YORK (9)	552.00
CONNECTICUT (1)	20.00	NORTH CAROLINA (14)	85.00
FLORIDA (29)	848.00	OHIO (2)	70.00
GEORGIA (1)	80.00	OKLAHOMA(1)	15.00
HAWAII (1)	50.00	OREGON (3)	95.00
ILLINOIS (6)	55.00	PENNSYLVANIA (5)	108.00
INDIANA (1)	15.00	PUERTO RICO (1)	20.00
KENTUCKY (2)	60.00	SOUTH CAROLINA (1)	300.00
LOUISIANA (2)	20.00	SOUTH DAKOTA (1)	50.00
MARYLAND (2)	50.00	WASHINGTON (2)	20.00
MASSACHUSETTS (3)	116.00	WISCONSIN (2)	30.00
MICHIGAN (1)	5.00	CANADA (1)	50.00
MINNESOTA (1)	10.00		
NEVADA (14)	875.00	TOTAL (188)	7,983.00

ANNIVERSARIES

56 YEARS ARNIE W.	4/10	Delray Beach, FL
44 YEARS BOB K.	4/2	Pomona, NY
JERRY C.	4/16	Douglaston, NY
DAN B.	4/18	Paramount/Lakewood, CA
42 YEARS RICH J.	3/31	Plantation, FL
41 YEARS JERRY P.	4/5	Hinsdale, IL
40 YEARS DAVE S.	4/24	Rancho Cucamonga, CA
37 YEARS BOB D.	4/8	Las Vegas, NV
HARRY H.	4/8	Havertown, PA
DAVE S.	4/19	Broomall, PA
36 YEARS RUSS H.	4/18	Paramount/Lakewood, CA
35 YEARS RICHARD V.	4/5	St-Hubert, QB
ELAINE S.	4/24	Las Vegas, NV
33 YEARS ANDRE V.	3/7	Magog, QB
PAT D.	4/6	Hunting Park, PA
FRANK A.	4/16	East 31st Street, NY
RON K.	4/23	Pomona, NY
JOHN M.	4/24	Norristown, PA
32 YEARS RON C.	4/7	Chester, PA

30 YEARS	WENDY B.	4/24	Rancho Cucamonga, CA
27 YEARS		3/20	Montreal, QB
	EMILE T.	4/18	Chateauguay, QB
26 YEARS	. LAURA G.	4/6	Las Vegas, NV
	CHARLES S.	4/15	Wilmington, PA
25 YEARS	. REJEAN T.	4/9	Montreal, QB
	STANLEY H.	4/22	West 46th Street, NY
	MIKE S.	4/24	Rancho Cucamonga, CA
24 YEARS	JOSH S.	4/3	Willow Grove, PA
23 YEARS	PIERRE G.	3/19	Montreal, QB
	ART J.	4/4	Trappe, PA
	JULIUS H.	4/14	Chester, PA
	NORBERTA B.	4/16	East 31st Street, NY
	NICOLE L.	4/24	Montreal, QB
22 YEARS	. DAN M.	1/3	Williamsport, PA
	MIKE M.	3/6	NE Philadelphia, PA
	MARGUERITE M.	3/17	Montreal, QB
	HERMAN D.	4/1	Havertown, PA
	MIKE M.	4/3	Livengrin, PA
21 YEARS	ROBERT B.	3/28	Chateauguay, QB
	RICH A.	4/1	Newton, MA
	LARRY C.	4/5	48th Street, NY
	BEAU	4/8	Calgary, AB
	CARL B.	4/29	White Plains, NY
20 YEARS	. CATHY F.	4/4	Simi Valley, CA
	JOE B.	4/6	Yonkers, NY
	ALVIN F.	4/14	Griffith Park, CA
	SCOTT T.	4/17	Henderson, NV
	PHILAYNE K.	4/22	Las Vegas, NV
19 YEARS	. BLAIR T.	3/6	Calgary, AB
	DANIEL F.	4/4	Montreal, QB
	GREG M.	4/5	Broomall, PA
	JOHN O.	4/20	Las Vegas, NV
	PAUL S.	4/26	Canton, MA
18 YEARS	. PHIL S.	2/22	Pompton Plains, NJ
	SHANNON M.	4/7	Calgary, AB
	ARCHIE V.	4/9	Las Vegas, NV
	MARK R.	4/11	Las Vegas, NV
	TAMI W.	4/27	Las Vegas, NV
17 YEARS	. KEITH B.	4/18	Paramount/Lakewood, CA
	DOROTHY S.	4/20	Las Vegas, NV
	HAMID N.	4/23	White Plains, NY

17 YEARS (cont)	. DENISE R.	4/28	Santa Monica Beach, CA
16 YEARS	. MIKE T.	4/3	Quincy, MA
	HARVEY G.	4/8	You Are Fort Worth it Online, TX
	ABE S.	4/9	East 31st Street, NY
	NANCY K.	4/13	Bowmansville, NY
	RICK A.	4/15	Calgary, AB
	BLAZIE H.	4/16	Las Vegas, NV
	JAY J.	4/17	Las Vegas, NV
	JACK P.	4/18	Congers, NY
	BILL A.	4/30	Pomona, NY
15 YEARS	. KEVIN V.	4/9	South Philadelphia, PA
	RANDY S.	4/16	Medicine Hat, AB
	COLETTE A.	4/15	Burbank, CA
	DENISE D.	4/29	Henderson, NV
14 YEARS	. ROBIN B.	4/1	Boca Raton, FL
	MARY D.	4/7	Las Vegas, NV
	ROB G.	4/12	Forest Hills, NY
	BRETT S.	4/17	Ephrata, PA
	JOE C.	4/18	Paramount/Lakewood, CA
	JOHN S.	4/23	South Philadelphia, PA
	LEW S.	4/29	Hanson, MA
13 YEARS	. WAYNE	4/19	Calgary, AB
	DAVID T.	4/20	Church on the Hill, NY
	MIKE S. #1	4/27	Staten Island, NY
12 YEARS	. MARLA J.	4/2	South Philadelphia, PA
	DIANE C.	4/9	Livengrin, PA
	ALAIN R.	4/19	Mascouche, QB
	DIANE C.	4/22	Doylestown, PA
	JOSEFINA G.	4/29	Las Vegas, NV
11 YEARS	. FRANCOIS M.	4/4	St-Jean, QB
	STEPHANIE C.	4/4	Plainville, MA
	JIM G.	4/14	Tulsa, OK
	RITA C.	4/17	Las Vegas, NV
	CRAIG F.	4/23	Voorhees, NJ
	MITCH W.	4/27	Church on the Hill, NY
	BRIAN M.	4/28	Reading Zoom, PA
10 YEARS	. RICHARD M.	4/1	Vaudreuil-Dorion, QB
	DAVE M.	4/1	Burbank, CA
	CARMINE L.	4/4	Congers, NY
	BRAD S.	4/8	Bala Cynwyd, PA
	NORMAND G.	4/10	Montreal, QB
	MIKE SM	4/13	Las Vegas, NV

10 YEARS (cont)	PETER B.	4/19	48th Street, NY
	MORRIS S.	4/24	Bensonhurst Recovery, NY
	MARIE H.	4/25	Plymouth Meeting, PA
9 YEARS		3/25	NE Philadelphia, PA
	TIM A.	3/28	Auburn, CA
	SCOTT S.	4/2	Roxborough, PA
	JOANNA S.	4/7	Henderson, NV
	JIM M.	4/16	Vorhees, NJ
	JIM M.	4/23	Livengrin, PA
	AMY D.	4/28	Las Vegas, NV
8 YEARS	BERNADETTE R.	4/1	Windsor, ON
	RON G.	4/3	Windsor, ON
	ZEKE S.	4/10	Norristown, PA
	JOSH G.	4/15	Bala Cynwyd, PA
	STU F.	4/16	Boca Raton, FL
	AQUILEO P.	4/18	Las Vegas, NV
	JON V.	4/19	Las Vegas, NV
	ERIC L.	3/25	Burbank, CA
	BEN H	4/30	South Philadelphia, PA
7 YEARS	CAROL H.	2/16	Yuba City, CA
	CHRIS	3/5	Calgary, AB
	JOHN Z.	3/31	Santa Monica Beach, CA
	JOHN V.	4/1	Windsor, ON
	BARRY G.	4/2	Canton, MA
	DENISE G.	4/2	Vorhees, NJ
	GREG C.	4/2	Las Vegas, NV
	MIRIAM P.	4/16	Livengrin, PA
	CHRIS A.	4/22	Laval, QB
	MATT B.	4/30	East 31st Street, NY
6 YEARS	MATHIEU D.	3/1	St-Hubert, QB
	LUC C.	3/7	Montreal, QB
	REJEAN R.	3/7	St-Jean, QB
	GREG G.	3/25	Burbank, CA
	PAUL K.	3/27	Calgary, AB
	ELI K.	4/7	Settlement House/SFX, NY
	BLAKE R.	4/28	Nazareth, PA
5 YEARS	SEAN U.	3/27	Gardena, CA
	JORDAN K.	3/30	LA/Hollywood, CA
	CAREY B.	4/2	Livengrin, PA
	ALYSSA C.	4/6	Griffith Park, CA
	SEBASTIAN M.	4/6	Griffith Park, CA
	PETER	4/14	Red Deer, AB

5 YEARS (cont)	. JOHN D.	4/23	Westlake Village, CA
	SUE R.	4/25	Taunton, MA
	SHERRI P.	4/26	Wausau, WI
	CLAUDINE S.	4/28	Settlement House/SFX, NY
	CHRIS H.	4/29	Ardsley, NY
4 YEARS	. BEN Z.	4/23	East 31st Street, NY
3 YEARS	. CORY K.	4/2	Westlake Village, CA
	JAMES P #1	4/3	Staten Island, NY
	RUSSELL P.	4/7	Ocean Parkway, NY
	JANA E.	4/8	Doylestown, PA
	SHARI B.	4/15	Doylestown, PA
	JODI S.	4/20	Wilmington, PA
	LETY R.	4/26	Las Vegas, NV
2 YEARS	. BRANDON S.	3/27	Burbank, CA
	RANDY B.	4/2	Reading, PA
	MIKE K.	4/4	Canton, MA
	PATRICK C.	4/4	Plymouth Meeting, PA
	NANCY B.	4/10	Willow Grove, PA
	KEVIN C.	4/11	White Plains, NY
	SABRINA L.	4/16	South Philadelphia, PA
	MIKE H.	4/21	Nazareth, PA
	LEE W.	4/24	Media, PA
	LEE W.	4/30	Voorhees, NJ
1 YEAR	. RICHARD S.	1/16	Calgary, AB
	BRENDAN	3/5	Calgary, AB
	SYLVIE	3/7	Trois-Rivieres, QB
	GIANNA	3/13	Calgary, AB
	GINETTE L.	3/17	St-Hyacinthe, QB
	MICHEL B.	3/19	St-Hubert, QB
	NEIL R.	3/22	Burbank, CA
	MICHAEL A.	3/24	Boca Raton, FL
	LUC G.	3/25	Vaudreuil-Dorion, QB
	DAVID	3/26	St-Hubert, QB
	BOB C.	4/1	York, MA
	BUDDY K.	4/1	Las Vegas, NV
	MARCEL C.	4/1	Montreal, QB
	TOM R.	4/1	Doylestown, PA
	DARYL K.	4/2	White Plains, NY
	ELI K.	4/2	East 31st Street, NY
	JAVIER E.	4/2	East 31st Street, NY
	NORMA R.	4/3	Las Vegas, NV
	CHRIS M.	4/4	Hanson, MA

1 YEAR (cont)	TONY L.	4/5	You Are Forth Worth it Online, TX
	SPENCER S.	4/9	East 31st Street, NY
	ERNESTO O.	4/12	Chambly, QB
	JIM P.	4/18	Canton, MA
	ROB S.	4/18	Paramount/Lakewood, CA
	REILLY L.	4/20	Hunting Park, PA
	BOB S.	4/21	Chester, PA
	JAMES K.	4/23	Reading, PA
	ANIL	4/24	Rancho Cucamonga, CA
	CHRIS R.	4/24	Staten Island, NY
	KERRI B.	4/25	Windsor, ON
	TYLER M.	4/30	Windsor, ON
	ANDREW S.	4/26	Stanton, PA
	DENNIS S.	4/27	Wilmington, PA
	ROBERT G.	4/27	Ste-Therese, QB
	CHRIS R.	4/29	Staten Island, NY
	DYLAN K.	4/30	East 31st Street, NY

I.S.O. CAN CONTRIBUTIONS MARCH 2024

CALIFORNIA

C4	Anaheim Wednesday	24.00	C185	Sacramento Thursday	37.00
C16	Anaheim Monday PM	77.00	C588	Burbank Friday PM	31.00
C28	Anaheim Sunday PM	50.00	C765	Fair Oaks Thursday AM	39.00
C29	Anaheim Tuesday Noon	5.00	C949	Mission Viejo Friday	28.00
C46	Anaheim Saturday AM		C1002	Burbank Monday	82.00
	Women's	10.00	C1012	Irvine Thursday	12.00
C77	San Diego Intergroup	342.60	C1017	Simi Valley Thursday	39.00
C82	Anaheim Thursday PM	8.00	C1105	Sacramento Stop & Grow	
C92	Mission Viejo Tuesday PM	8.00		Saturday AM	70.00
C180	Stockton Tuesday	10.00	C1442	Burbank Tuesday AM	58.00
C184	Sacramento Tuesday AM	87.81	C1694	Auburn Wednesday	18.00

FLORIDA

C123	Singer	Island
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50.00	C1059 Windmoor/Clearwater	
	Saturday	50.00

GEORGIA

C1539 Norcross Sunday 10.00

ILLINOIS				
C65	Willa Rawls Manor	30.00	C799 St. Charles-Hosanna	
	Kankakee	20.00	Lutheran Thursday	33.00
C136	Burbank Wednesday-Our		C991 Orland Park Thursday	75.00
	Saviors	25.00	C1207 Lisle Women's Monday	27.00
C425	Elk Grove Village	50.00	C1512 St. Gertrude-Chicago	0.00
	Thursday	50.00	Sunday	9.00
		LOUIS	IANA	
C849	Slidell Sunday	35.00		
	2			
		MASSACH	IUSETTS	
C60	Hartford Friday	20.00	C1600 Canton Tuesday	70.00
C792	Hanson Thursday PM	38.00		
		NITS 7	DA	
C42	G.A. of Southern	NEVA	ADA	
C42	Nevada	2,007.49		
	Ivevada	2,007.47		
		NEW JE	CRSEY	
C1457	' Marlton Thursday	45.00		
		OH	10	
C1271	Bexley Tuesday	35.00		
		ODE		
C1490	Orean City Eriday	OREC 30.00	JUN	
C1460) Oregon City Friday	50.00		
		PENNSYI	VANIA	
C215	Beaver/Vanport Monday	85.00		
		WASHIN	IGTON	
C383	Spokane Valley	10.00		

GROUP CONTRIBUTIONS MARCH 2024

ARIZONA	
Phoenix Monday-32 nd St. 10	0.00
CALIFORNIA	
Anaheim Monday Zoom 4	0.00
Burbank/North Hollywood	
Zoom 2	5.00
Burlingame Monday 15	0.00
Downey Saturday 3	7.00
Griffith Park Saturday 8	8.00
Hesperia Tuesday 6	0.00
L.A. Griffith Park Sunday 2	5.00
Lakewood/Paramount	
Thursday 4	6.00
Lincoln Wednesday 2	0.00
Lincoln Friday AM 1	9.00
Lincoln Sunday 2	2.00
Los Angeles/Hollywood	
Saturday 4	1.00
Menlo Park Sunday 2	0.00
San Carlos Tuesday 10	0.00
Santa Monica Wednesday PM 16	1.00
Santa Monica Friday PM 35	0.00
Sierra Madre Tuesday 10	0.00
Walnut Creek Tuesday 2	5.00
DELAWARE	
Wilmington Saturday Morning 3	0.00
FLORIDA	
Boca Raton Monday Women	
Helping Women Zoom 2	0.00
Boca Raton Thursday 10	0.00
Daytona Beach Tuesday 5	0.00
Daytona Beach Thursday 5	0.00
Delray Beach Thursday -	
Crossroads 20	0.00
Delray Beach Saturday-	
Crossroads 10	0.00
Fort Myers Thursday 2	5.00
Maitland Wednesday PM 2	5.00

North Fort Myers	50.00
Plantation Tuesday	53.00
Port St. Lucie	10.00
GEORGIA	
Norcross Sunday Korean	10.00
ILLINOIS	
Deerfield Wednesday	25.00
Forest Park Saturday	30.00
Springfield	25.00
MASSACHUSETTS	
Holbrook Wednesday	50.00
North Andover Tuesday	50.00
MINNESOTA	
Burnsville Friday	100.00
NEW JERSEY	
Edison Saturday AM	100.00
Freehold Friday	25.00
Hasbrouck Heights Saturday	25.00
Mercerville Tuesday	50.00
Metuchen Tuesday	50.00
Sayrewoods	50.00
Voorhees Tuesday Nooners	50.00
Westwood Monday	25.00
NEW MEXICO	
Santa Fe Monday PM	60.00
NEW YORK	
Bowmansville Monday	50.00
Brooklyn Sunday Morning	50.00
East Side Chapter	400.00
Flushing Saturday AM	50.00
Forest Hills Thursday	75.00
Pomona Tuesday	125.00
Staten Island Thursday-	
St. Patrick's	10.00
OHIO	
Cincinnati Saturday@ Clifton	20.00
Geneva Wednesday	21.00
Holland Friday PM	175.00

	Auburn Tuesday	20.00
200.00	Auburn Friday Noon	10.00
50.00	Bellevue Wednesday	10.00
	Bellevue Saturday A.M.	25.00
10.00 M	Everett Thursday	50.00
30.00	Issaquah Wednesday	10.00
75.00	Marysville Tulalip	25.00
25.00	Mount Vernon Tuesday	25.00
25.00	Olympia Wednesday	100.00
	Snohomish Friday PM	10.00
50.00	Sumner Thursday	100.00
30.00	Tacoma Thursday	40.00
20.00	West Seattle Thursday	20.00
	WISCONSIN	
10.00	Stevens Point Monday PM	20.00
	CANADA	
45.00	Belleville Tuesday	100.00
49.00	KOREA	
	Seoul, Korea	60.00
50.00		
	50.00 A 10.00 30.00 75.00 25.00 25.00 50.00 30.00 20.00 10.00 45.00 49.00	200.00Auburn Friday Noon50.00Bellevue Wednesday Bellevue Saturday A.M.M10.00Everett Thursday30.00Issaquah Wednesday T5.0075.00Marysville Tulalip25.00Mount Vernon Tuesday25.00Olympia Wednesday Snohomish Friday PM50.00Sumner Thursday Sunner Thursday30.00Tacoma Thursday WISCONSIN10.00Stevens Point Monday PM CANADA45.00Belleville Tuesday Seoul, Korea

INTERGROUP CONTRIBUTIONS MARCH 2024

Chicagoland 46.00
Delaware Valley
Detroit/Toledo
Greater Sacramento 30.00
Intergroup of the Carolinas 100.00
L.A. Intergroup 150.00
Maryland 100.00
New England 49.50

NATIONAL HOTLINE DONATIONS MARCH 2024

L.A. Intergroup South Jersey South Florida 14.00 100.00 40.00

BULLETIN SUBSCRIPTIONS MARCH 2024

Four Bulletin Subscription for a total of \$ 192.00

ONE TIME DONATIONS MARCH 2024

One-Time Donation Sunday Morning Phone Meeting – Miscellaneous Areas

> One-Time Donation Ella W., South Beloit, Illinois

March Meeting Donation Board of Regents, California

One-Time Donation on behalf of Jeff E.'s 30-year birthday. Seattle Tuesday, Seattle, Washington

One-Time Donation in memory of my father, Jim S., from Nebraska. James S., Tempe, Arizona

One-Time Donation in loving memory of Harvey G., of Boca Raton, FL. Bill B., Delray Beach, Florida

> One-Time Donation Bob W., Upland, California

One-Time Donation Intergroup Greater Vancouver Area, British Columbia

ONE-TIME DONATION VIA VENMO/ZELLE MARCH 2024

One-Time Donation Brian B.

One-Time Donation Dylan K.

One-Time Donation Dinesh M.

One-Time Donation Mags L.

One-Time Donation Jennifer S.

One-Time Donation Robin J.

One-Time Donation Tonya W.

One-Time Donation Gil A.

GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE OPERATING STATEMENT FEBRUARY 2024

CASH IN OPERATING ACCOUNT FEBRUARY 1, 2024	\$116,362.41
INCOME FOR FEBRUARY 2024National Hotline Donations54.00Group Contributions4,801.52Intergroup Contributions2,002.50ISO Can Contributions2,218.00Lifeliners Contributions5,996.00Bulletin Subscriptions144.00One-Time Donation7,305.00E-Reader7.70Literature Shipping4,922.25Sale of Literature29,913.88Sales Tax Collected287.38Interest from Checking Account0.85Merchant Svs Cash Reward0.99Pay Pal Literature Process Fees1,207.37Pleasanton B.O.T. Mtg. Registrations150.00Returned Checks Replacement140.92	
TOTAL	\$ 59,152.36
CASH AVAILABLE FOR FEBRUARY 2024	\$175,514.77
EXPENSES FOR FEBRUARY 2024 4,493.76 Payroll 13,274.76 Payroll Taxes (Federal & State) 1,240.23 Payroll Processing Fee 216.81 Office Expenses 1,150.05 Health Insurance 1,114.04 Telephone/Internet Bill 520.77 Electric Bill 151.94 Gas Bill 125.51 Maintenance/Monitoring ADT Alarm 88.54 Monthly Air Conditioning/Heater Maintenance 30.00 Match for Employees Simple IRA 399.36 Visa/MC Service Fee 65.09 Literature 12,07.37 Postage 3,000.00 Lifeline Bulletins 1,200.00 Returned Cks Charge 85.00	
TOTAL EXPENSES	<u>\$ 40,387.15</u>
MONTHLY NET INCOME (NET LOSS) CASH IN OPERATING ACCOUNT AS OF FEBRUARY 29, 2024	\$ 18,765.21 \$135 127 62
FISCAL YEAR STARTING JULY 1 ST TO DATE NET	\$135,127.62
INCOME (NET LOSS)	\$ 55,803.12

GAMBLERS ANONYMOUS INTERNATIONAL SERVICE OFFICE OPERATING STATEMENT MARCH 2024

CASH IN OPERATING ACCOUNT MARCH 1, 2024		\$135,127.62
INCOME FOR MARCH 2024		
National Hotline Donations	154.00	
Group Contributions	5,187.00	
Intergroup Contributions.	1,970.96	
ISO Can Contributions	3,790.90	
Lifeliners Contributions	7,983.00	
Bulletin Subscriptions	192.00	
One-Time Donation	2,047.97	
E-Reader	14.70	
Literature Shipping	4,160.00	
Sale of Literature	21,849.52	
Sales Tax Collected	109.17	
Interest from Checking Account	1.00	
Merchant Svs Cash Reward	0.90	
Pay Pal Literature Process Fees	914.23	
Pleasanton B.O.T. Mtg. Registrations	600.00	
R.S.O. Donations	1,075.75	
Returned Checks Replacement	50.00	
TOTAL		\$ 50,101.10
CASH AVAILABLE FOR MARCH 2024	• • • • • • • • •	\$ <u>185,228.72</u>
EXPENSES FOR MARCH 2024		
Computer/Internet/App Expense	60.00	
Rent & Cam Fees	4,493.76	
Payroll	14,417.88	
Payroll Taxes (Federal & State)	1,220.60	
Payroll Processing Fee	216.81	
Office Expenses	967.81	
Health Insurance	1,144.04	
Telephone/Internet Bill	571.97	
Electric Bill	143.09	
Gas Bill	106.11	
Lease/Maintenance Postage Meter Scale	449.27	
National Hotline Yearly Payment	644.09	
Maintenance/Monitoring ADT Alarm	49.33	
Monthly Air Conditioning/Heater Maintenance	30.00	
Match for Employees Simple IRA	399.36	
Visa/MC Service Fee	63.10	
Literature	7,460.29	
Pay Pal Literature Processing Fees.	914.23	
Postage	3.000.00	
Lifeline Bulletins	865.90	
Returned Cks Charge	85.00	
TOTAL EXPENSES		<u>\$ 37,302.64</u>
MONTHLY NET INCOME (NET LOSS)		\$ 12,798.46
CASH IN OPERATING ACCOUNT AS OF MARCH 31, 20		\$147,926.08
		. ,
FISCAL YEAR STARTING JULY 1 ST TO DATE NET INCO (NET LOSS)		\$ 68,601.58

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 27, 2022

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time Eastern Time	Call-In Number	Meeting Code	Email for Information
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words CALL ME to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because ...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMO	OUNT OF:
NAME	
ADDRESS:	
CITY & STATE:	ZIP:
Please mail this with your init	ial contribution to:
GAMBLERS ANONYN	MOUS I.S.O.
1306 MONTE VISTA AVE., STE.	5, UPLAND, CA 91786

Thank you for your support !!